Spa Treatments

ZEBRAS Crossing

Swedish full body | 60 min. | R700

Restore the balance of your body and mind. This treatment is suited for anyone - whether you prefer slow and gently or vigorous and deep.

Aromatherapy full body | 60 min. | R750

Enjoy a light, calming massage using a blend of aromatic oils, which work for the whole body.

Deep tissue massage | 45 min. | R750

Manipulate tense and strained muscles and improve flexibility and endurance in the muscular system.

Sleep heavenly therapy | 60 min. | R700

Calming massage which helps with the production of melatonin, a hormone thathelps regulate your sleep cycle.

Back, neck and shoulder | 30 min. | R450

Focus purely on the back and shoulder areas to relieve tension of these commonly over-stressed muscles

Head, neck and shoulder | 30 min. | R450

Relieve stress by altering massage movements applied to the scalp, head, neck and shoulders. Built up tension will be released.

Foot massage & scrubs | 45 min. | R600

The perfect treatment to pamper tired feet. The skin will be softened and exfoliated, so you can walk out with silky soft feet.

Ask our staff to book your massage or to answer any queries you might have about our treatments